

OPEN DAY

Why wait for October for the next
Complementary Health Festival ?
Come to ...

ILKLEY'S

Happiness Centre

10 am - 3 pm Sunday 12 th September

FREE ENTRY!

Have a Taster Session
Attend Free Presentations
Talk to our Experts

**Complementary Therapies &
Spiritual Processes at their best
right here in Ilkley!**

Just turn up on the day to
32a Leeds Road Ilkley (above the Veggie Cafe)
or ring the Happiness Centre
on 01943 601517 for more details
Check out our website: www.lifftthespirithealthesoul.com



LIFT the spirit
HEAL the soul

massage

meditation

COLOUR THERAPY

acupressure

LIFE COACHING

tarot

reiki

chakra balancing

astrology

SHIATSU

metamorphic technique

homeopathy

and much more...